



# Health Services COVID-19 Situation Report

Date 11/06/2020

Dear Community Members,

Virus transmission across Alaska continue to accelerate for the fifth record week in a row and cases are increasing in both urban and rural areas. Hospitalizations for COVID-19 are rising and hospital capacity is a concern. Alaska remains on high alert level as we continue to see acceleration in new cases.

**Alaskans should continue to be vigilant and get tested immediately at the first sign of any symptoms as well as wear masks, stay six feet from non-household members and avoid indoor gatherings.**

## Current Alaska Resident Case Counts

New Resident Cases Yesterday <b>502</b> Updated Daily by Noon	Total Resident Cases <b>17,597</b> <small>Cumulative (includes recovered cases)</small>	Recovered Resident Cases <b>6,476</b> Statewide Total	Currently Hospitalized <b>97</b> <small>Confirmed COVID Positive</small>	Total Resident <b>84</b> Deaths Statewide
New Nonresident Cases Yesterday <b>2</b> Updated Daily by Noon	Total Nonresident Cases <b>1,102</b> <small>Cumulative (includes recovered cases)</small>	Recovered Nonresident Cases <b>646</b> Statewide Total	Total Hospitalizations <b>484</b> <small>Cumulative (does not reflect current stays)</small>	Total Nonresident <b>0</b> Deaths Statewide

## Chugachmiut COVID-19 Testing:

	Testing The Past Two Weeks	Testing YTD	Results Negative YTD	Pending Results YTD	Results Positive YTD	Testing Collection Kits to ANMC	Rapid Testing Kits
<b>Chenege</b>	10	85	85	0	0	223	65
<b>Nanwalek</b>	29	306	307	0	0	139	56
<b>Port Graham</b>	22	310	310	0	0	169	84
<b>Seward</b>	24	361	337	0	11	335	59
<b>Tatitlek</b>	1	78	77	0	0	208	77
<b>TOTAL</b>	86	1140	1116	0	11	1074	341

**We appreciate those who have taken action and got a flu shot!** The higher percentage of those who receive a flu shot will not only help to protect you and your loved ones, but also your entire community. The table below shows our progress we have made for full community protection against influenza. **Please take action now and get a flu shot, your life and the lives of others depend on it.**



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Flu Vaccine Coverage Rates by Community	2020 Active Users	2019 Active Users	2020 Active Users Received Flu Vaccine	2019 Active Users Received Flu Vaccine	YTD Difference	2020 Flu Vaccine % Active Users	2019 Flu Vaccine % Active Users
<b>Chenege</b>	48	46	20	14	6	42%	30%
<b>Nanwalek</b>	282	278	128	84	44	45%	30%
<b>Port Graham</b>	167	173	45	36	9	27%	21%
<b>Seward</b>	690	710	126	211	-85	18%	30%
<b>Tatitlek</b>	88	91	45	47	-2	51%	52%
<b>TOTAL FLU VACCINE</b>	1275	1298	364	392	-28	29%	30%

**Active Users: defined by Indian Health Services as active patients seen at local clinics during fiscal year 2019- 10/1/18 to 9/30/19 and 2020- 10/1/19 to 9/30/20**

### What's New?

**New 'Connect To Care Jobs' website connects Alaska job seekers and long-term service and support agencies to reduce health and service workforce shortages and improving care for Alaskans**

*The website offer videos and a quick guide for both job seekers and employers.*

- Job seekers – Visit [ConnectToCareJobs.com](http://ConnectToCareJobs.com), click the “Jobseeker Registration” button and follow the process to register and fill out your information. If a match is made, the employer will contact you to arrange the next steps.
- Employers – Visit [ConnectToCareJobs.com](http://ConnectToCareJobs.com), click the “Employer Registration” button and follow the process to create an account and fill out information about your open positions. Then check for job matches for your location and review the available candidates. The site is currently open to licensed health facilities and personal care service agencies, and DHSS is exploring opening the site up to more health care employers in Alaska.

### Local Clinic Service Updates:

- **Clinic Services:** **Please don't delay necessary medical care during the COVID-19 pandemic.** We are here to serve you. Call the clinic to schedule an appointment (currently not accepting walk-ins).
- **COVID-19 Testing:** We want to make it as easy as possible for you to get tested for COVID-19. Every Chugachmiut clinic has testing capabilities and adequate supply to support testing. It is vitally important to get tested at the first sign of any symptoms. Testing is our best tool for understanding virus transmission and risk in your community and to empower individuals to prevent the spread of the virus to others.
- **Flu Vaccine:** All clinics have flu vaccine! Call clinic to make an appointment to get your flu shot (for those 6 months and older).





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- **Dental Services:** We understand your dental health impacts your overall health. Dr. Murphy remains on-call for any dental emergencies. Dental and hygiene services will be provided in Nanwalek & Port Graham on the following dates:
  - Dr. Murphy & Angela McKinney- Port Graham- 11/8 to 11/14 (service dates)
  - Dr. Murphy & Angela McKinney- Nanwalek- 11/15 to 11/22 (service dates)

- **Step Challenge:** The “Cruisin for a Cure” step challenge started October 19<sup>th</sup> and goes to November 17<sup>th</sup> with weekly prize drawings for participants.

### There is still time to join in on the FUN! 3 Easy Steps to Join!

1. Download the Movespring app or go to movespring.com to create an account
2. Enter Organizational Code: E5DGV5
3. Join group called: cruisin for a cure

If you have been diagnosed with diabetes and live in Seward, Port Graham, Nanwalek, Tatitlek or Chenege and are interested in joining this next step challenge, we have a FitBit for YOU! Contact your local clinic.

- **MyHealth Enrollment:** Do you want immediate access to your medical record 24/7 to get test results, clinical documents, medication list, and the ability to connect with your provider and care team, or view and request appointments? Contact clinic to enroll and gain access to YOUR MyHealth account.

Access your MyHealth portal on your smartphone or other mobile devices. In your app store search: HealthLife. The app gives you real-time and easy access to your MyHealth online portal.

## Community & Family Services Division Updates:

- **Winter “Laugh and Learn” Series:** Everyone is invited and welcome to attend! Offered virtually via Zoom link! Text 907-764-1945 for link invite!



### What are the most reliable resources to get updates?

Alaska DHSS COVID-19 website: <http://www.dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

CDC COVID-19 website: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Sincerely,

Kelley Baker, Health Services Division Director