



Health Services COVID-19 Situation Report

Date 09/25/2020

Dear Community Members,

Case counts continue to rise in Alaska. Not only are we faced with COVID-19, we also have the flu season quickly approaching. Influenza and related illnesses are among the top 10 leading causes of death in the Alaska Native/American Indian population. With the threat of both COVID-19 and flu, getting a flu shot this year is critical. By getting a flu shot, you can help save lives and help reduce the stress on the Alaska Healthcare System. **All clinics now have flu vaccine! Please take action now and get a flu shot, your life and the lives of others depend on it.**

Alaska Resident Case Counts

Explore the latest COVID-19 data for Alaska

New Resident Cases Yesterday 127 Updated Daily by Noon	Total Resident Cases 7,254 <small>Cumulative (includes recovered cases)</small>	Recovered Resident Cases 2,778 Statewide Total	Currently Hospitalized 39 <small>Confirmed COVID Positive</small>	Total Resident 52 Deaths Statewide
New Nonresident Cases Yesterday 1 Updated Daily by Noon	Total Nonresident Cases 948 <small>Cumulative (includes recovered cases)</small>	Recovered Nonresident Cases 264 Statewide Total	Total Hospitalizations 283 <small>Cumulative (does not reflect current stays)</small>	Total Nonresident 0 Deaths Statewide

Chugachmiut COVID-19 Testing:

	Testing The Past Two Weeks	Testing YTD	Results Negative	Pending Results	Results Positive	Testing Kits to ANMC	Rapid Testing Kits
Chenege	14	50	50	0	0	190	79
Nanwalek	18	195	195	0	0	189	96
Port Graham	24	238	238	0	0	169	81
Seward	35	234	233	0	1	293	119
Tatitlek	5	70	70	0	0	177	112
TOTAL	96	787	786	0	1	1018	487

We had our first rapid testing COVID-19 positive case result in Seward this week. Thank goodness for our drive thru testing option offered as positive case did not come into the clinic. Staff member who tested patient was protected with required PPE. Staff followed protocols in place and things went very smoothly. After notification to public health, the Kenai public health nurse started contact tracing immediately.

We are the only clinic in Seward running rapid tests. At this time we currently will NOT be registering any new patients for testing as our established patients, beneficiaries, and families are our first priority.



What's New?

Alaska Poison Center Receives Poison Exposure Calls During Pandemic- Alaska families are spending more time cleaning and disinfecting their homes and hands to protect loved ones from COVID-19. Along with this increased use of cleaning products has come a rise in calls to the center. During the first six months of 2020, center received 196 calls related to household cleaning and disinfecting products.

- Nearly 1 out of 3 calls involved exposure to bleach
- Almost 1 out of 2 calls involved children ages 5 or younger (42%)
- Most calls related to cleaning supply exposures among children involved bleach (23%) and hand sanitizer (22%)

Serves as a reminder to store household products safely to prevent poisoning. Young kids are often eye-level with items under the kitchen and bathroom sinks, so make sure household cleaning products and personal products are up and away, out of children's reach and sight.

Announcing the 2020 Census Appreciation Drawing- First Alaskans Institute (FAI) in partnership with the Alaska Federation of Natives (AFN), have partnered up in amplifying the need for All Alaska Native peoples to be counted. An undercount can impact Alaska's funding and elections for the next 10 years and the loss of this critical federal revenue impacts Alaska Native peoples and communities. Opportunities to win prizes (cash, artwork, and other goods). Grand prizes include but are not limited to two opportunities to win \$3,500 cash, a four-wheeler, a skiff or a snow machine. That's right, two winners will be selected for each of the grand prizes! Those who have already completed the Census can enter to be included in the drawings.

October 31st is the last day to be counted!

Have YOU taken the 2020 Census yet?? If you have great, you can enter the contest! If you haven't here is how you can do it right now and then enter the contest:

- Online at <https://my2020census.gov/>
- By phone at 844-330-2020
- By mail, though online and by phone may be faster and easier for you

To enter into drawing and see the full list of rules go to: <https://surveymonkey.com/r/FAICensusDrawing>.

Local Clinic Service Updates:

- **COVID-19 Testing:** We want to make it as easy as possible for you to get tested for COVID-19. Every Chugachmiut clinic has testing capabilities and adequate supply to support testing.
- **Clinic Services:** Don't delay necessary medical care during the COVID-19 pandemic. We are here to serve you. Call the clinic to schedule an appointment (currently not accepting walk-ins).
- **Flu Vaccine:** All clinics now have the flu vaccine! Call clinic to make an appointment to get your flu shot (for those 6 months and older).
- **Dental Services:** We understand your dental health impacts your overall health. Dental and hygiene services will be provided in Seward on the following dates:
Seward- September 28th to October 2nd
Seward- October 5th to October 9th
Next scheduled trip to villages will be in November



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- **Step Challenge:** Delay in start date for Step Challenge. Staff is working on developing a flyer with information in effort to get the word out in advance and invite as many participants to join as possible. If you have been diagnosed with diabetes and live in Seward, Port Graham, Nanwalek, Tatitlek or Chenege and are interested in joining this next step challenge, we have a FitBit for YOU! Contact your local clinic.
- **MyHealth Enrollment:** Do you want immediate access to your medical record 24/7 to get test results, clinical documents, medication list, and the ability to connect with your provider and care team, or view and request appointments? Contact clinic to enroll and gain access to YOUR MyHealth account.
- **What are YOU passionate about?** If you are passionate about helping people, working in healthcare can be one of the most rewarding career choices there is. We are currently recruiting for many positions throughout Region. You would be joining an awesome team committed to the health and wellness of our Region. Great benefits package too! Check out our website and apply.

Community & Family Services Division Updates:

- **Winter “Laugh and Learn” Series:** Everyone is invited and welcome to attend! Offered virtually via Zoom link! Text 907-764-1945 for link invite!
- **Llangarwik Recovery Camp:** Team hosted this year’s camp virtually (perhaps the first virtual recovery camp offered in Alaska history). Camp will end this Saturday with 7 new graduates!
- **Elder and Vulnerable Adults:** Coordinator Heather Gallatin-Baker has begun outreach to the communities a couple weeks ago.
- **Tribal Victims Care Coordinator:** We welcomed our newest team member Eleanor Pollo to the team this week. She has extensive experience as a Human Trafficking Specialist in Texas and also will be working with victims of Traumatic and Acquired Brain Injuries (TABI).



What are the most reliable resources to get updates?

Alaska DHSS COVID-19 website: <http://www.dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>
CDC COVID-19 website: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Sincerely,

Kelley Baker, Health Services Division Director