



Health Services COVID-19 Situation Report

Friday's Date 7/24/2020

Dear Community Members,

This week we continue to see a steep rise in Covid-19 cases in Alaska and the US. We keep seeing record high numbers. Alaskans are acquiring the virus from many types of social gatherings: backyard barbecues, funerals, weddings, children’s sporting events, camps, churches and any time groups gather with others outside their household. We also saw two big outbreaks to date this week; the first is the one on the American Triumph, a seafood processing vessel where 79 crew members tested positive (previously, 6 crew members tested positive on the vessel), and the other one is at OBI Seafoods processing plant in Seward with 96 new cases in workers (one worker was tested positive on Sunday which prompted the plant to close and tested all employees). These outbreaks indicate how efficiently the virus spreads in congregate settings.

While we are in a pandemic, other diseases don’t stop so I encourage everyone to make sure you continue your healthy lifestyle to help prevent getting any illnesses. Make sure you contact your primary care provider for wellness check which could happen through telehealth appointment to reduce your exposure. I’m including the clinics phone numbers here for your convenience.

Clinic	Phone number
Chenequa	907-573-5129
Nanwalek	907-281-2250
Port Graham	907-284-2241
Seward	907-224-3490
Tatitlek	907-325-2235

You have the power to control the spread of this virus. Health authorities continue to press on the core strategies to prevent the spread of COVID-19, which include the following:

- Stay six feet or more away from non-family members.
- Wash your hands frequently.
- Wipe down surfaces frequently.
- Wear a face covering when in a public setting and in close contact with others.
- Stay home if you are sick and get tested for COVID-19 if you have any symptoms.
- Be mindful and respectful to everyone, including seniors and anyone with existing health conditions who are most vulnerable to this virus.

I would like to challenge the residents of our communities of the Chugach Region to #stepupmaskup. This is a fun challenge on social media started by the President and CEO of the Alaska State Hospital & Nursing Home Association (ASHNA) – Record a 15-30 second video about why you wear a mask, and post it to social media with hashtags #stepupmaskup #maskupalaska, and tag @ashnaalaska.





Health Services COVID-19 Situation Report

Friday's Date 7/24/2020

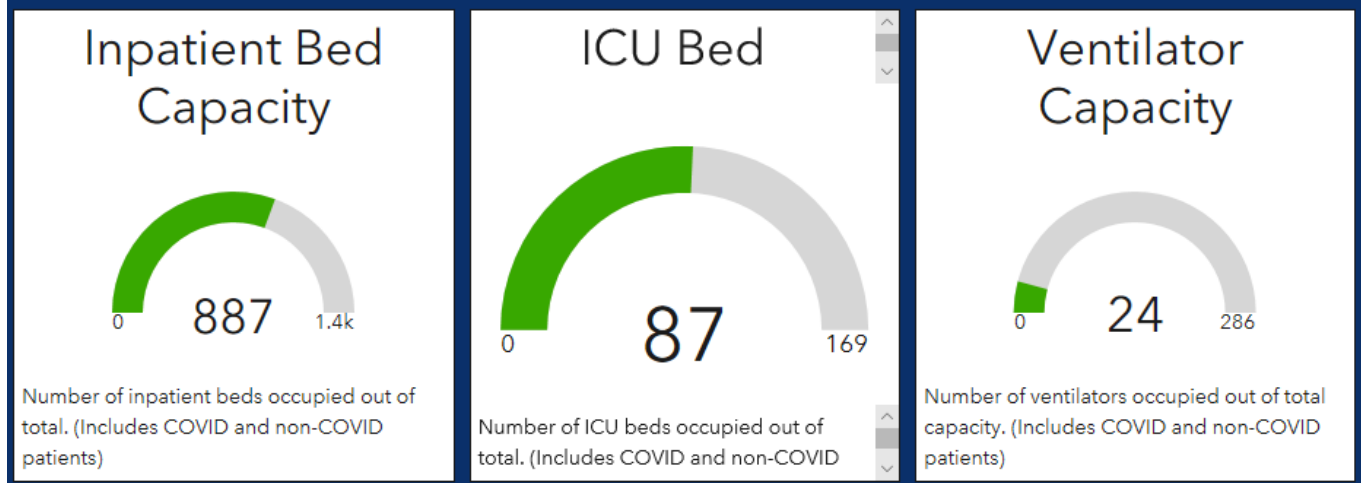
OPEN DOES NOT MEAN OVER. GATHER IN WAYS THAT LOWER YOUR CHANCES OF SPREADING ILLNESS.



Alaska Resident Case Counts:

<p>New Resident Cases Yesterday</p> <h1>59</h1> <p>Updated Daily by Noon</p>	<p>Total Resident Cases</p> <h1>2,249</h1> <p><small>Cumulative (includes recovered cases)</small></p>	<p>Recovered Resident Cases</p> <h1>800</h1> <p>Statewide Total</p>	<p>Currently Hospitalized</p> <h1>37</h1> <p>COVID Positive and PUI</p> <p><small>PUI: Persons under investigation.</small></p>	<p>Total Resident</p> <h1>19</h1> <p>Deaths Statewide</p>
<p>New Nonresident Cases Yesterday</p> <h1>6</h1> <p>Updated Daily by Noon</p>	<p>Total Nonresident Cases</p> <h1>499</h1> <p><small>Cumulative (includes recovered cases)</small></p>		<p>Total Hospitalizations</p> <h1>111</h1> <p><small>Cumulative (does not reflect current stays)</small></p>	

General Acute Care and Critical Access Facilities Only?



Chugachmiut COVID-19 Testing:

(Weekly Testing #s reported from 12:00pm Wednesday to 12:00pm following Wednesday)



Health Services COVID-19 Situation Report

Friday's Date 7/24/2020

	Testing This Week	Testing YTD	Results Negative	Pending Results	Results Positive	Testing Collection Kits to ANMC	Rapid Testing Kits
Chenege	1	25	25	0	0	100	44
Nanwalek	6	123	117	6	0	139	98
Port Graham	11	134	130	4	0	62	126
Seward	13	141	140	1	0	192	126
Tatitlek	7	40	40	0	0	95	108
TOTAL	38	463	452	11	0	588	502

What's New?

On Wednesday, Mayor Ethan Berkowitz signed Emergency Order EO-14 to preserve health and save lives in the Municipality of Anchorage. EO-14 returns our community to a modified version of Phase Two in the Safe Anchorage: Roadmap to Reopening the Municipality of Anchorage plan. EO-14 limits public interactions in high-risk situations such as bars, restaurants, gyms, bingo halls, and other indoor facilities, through capacity and gathering limitations. These regulations supersede EO-10 in part and take effect Friday, July 24, 2020 at 8:00 a.m. The portions of EO-10 (“Maintenance”) and its attachments that do not conflict with this order remain in effect. EO-14 enacts the following:

- **Gathering Limitations:** Indoor gatherings are limited to no more than 25 people. Outdoor gatherings involving consumption of food or drink are limited to 50 people or fewer. This does not limit shopping at farmer’s markets or outdoor food-truck events or the continuation of drive-in events where groups remain in separate vehicles and maintain physical distancing.
- **Bars and Nightclub Capacity Limited:** Bars and nightclubs are limited to 25% of maximum building occupancy indoors and outdoors; including staff and customers.
- **Restaurant and Brewery Capacity Limited:** Restaurants and breweries are limited to 50% of maximum building occupancy indoors; including staff and customers. Outdoors, restaurants are limited to table service, with tables no less than 10 feet apart.
- **Capacity Limitations at Gyms, Bingo Halls, Theaters, and Other Recreation and Entertainment Facilities:** Indoor entertainment and recreation facilities including gyms and bingo halls are limited to 50% of building occupancy.
- **Legible Visitor Logs Required:** All establishments serving the public in a sit-down setting, or for an in-person appointment or service lasting fifteen minutes or longer, must keep a legible record of the first and last name, phone number, and email address of all adult customers or clients for no less than 30 days. This information will only be collected if needed for contact tracing or enforcement of this order.
- **Communication of Known COVID-19 Exposure to Employees Required:** All businesses and other entities must communicate with employees as well as state and local health departments regarding any known COVID-19 exposure. All businesses and other entities must assist the state and local health departments with informing customers or clients of a known COVID-19 exposure at the workplace.





Health Services COVID-19 Situation Report Friday's Date 7/24/2020

- **Additional Requirements for Hotels and Other Lodging:** Management at hotels and other places of lodging must keep employees informed if they are housing individuals in quarantine or isolation due to travel, exposure to COVID-19, or COVID-19 diagnosis. Names of individuals with COVID-19 shall be kept confidential. Management must also supply adequate personal protective equipment, sanitation, and cleaning supplies to employees.

Local Clinic Service Updates:

- **COVID-19 Testing:** We want to make it as easy as possible for you to get tested for COVID-19. Every Chugachmiut clinic has testing capabilities and adequate supply to support testing.
- **Clinic Services:** Don't delay necessary medical care during the COVID-19 pandemic. We are here to serve you. Call the clinic to schedule an appointment (currently not accepting walk-ins).
- **Dental Services:** We understand your dental health impacts your overall health and are working to coordinate a schedule for dental village visits during the month of August. Dr. Murphy continues to be available remotely to support any dental concerns. SCF village travel is still on hold until further notice.
- **First Responders:** If you are a local first responder, we want to make sure you are protected when called to assist with someone who is sick with COVID-19. Our goal is to provide fit testing and personal protective equipment training for all local first responders. If you are a first responder and haven't received fit testing or training, contact the clinic.
- **Response Team:** When a positive case is confirmed in your community, we plan to send a team of providers to your community for extra help and continue to prepare and plan for this instance. What exactly will the rapid response team do to help your community?
 1. Establish and support isolation quarantine both in home and alternative isolation sites
 2. Support testing of contacts (bring additional rapid COVID-19 testing analyzer to support increased community testing needs)
 3. Support contact tracing
 4. Provide education and support to the community
- **MyHealth Enrollment:** Do you want immediate access to your test results, clinical documents, medication list, and the ability to connect with your provider and care team, or view and request appointments? Contact clinic to enroll and gain access to YOUR MyHealth account.
- **What are YOU passionate about?:** If you are passionate about helping people and making a difference in their lives, working in healthcare can be one of the most rewarding career choices there is. We are currently recruiting for local community health aide trainees throughout Region. You would be joining an awesome team committed to the health and wellness of our Region. Great benefits package too! Check out our website and apply.
- **Universal Masking:** It is our collective responsibility to exemplify and uphold a culture of health and safety. **Chugachmiut has a universal masking requirement to apply to all staff, contractors, patients and visitors in all Chugachmiut operated medical and dental clinics and pharmacy to best protect our staff, patients and communities amid the COVID-19 pandemic.**



Health Services COVID-19 Situation Report Friday's Date 7/24/2020

Chugachmiut

Community & Family Services Division Updates:

- **Counseling Services:** The clinical staff is meeting with people throughout the region while following the guidelines of the Centers for Disease Control (CDC) in order to maintain "social distancing" while working from home. Staff members are calling, Skyping, using Facetime, and even texting- and receiving the same- to ensure that no one feels alone during this time.
- **Crisis Line:** For the duration of the COVID-19 emergency response, you can call our Crisis Line anytime for any needed support during this time. Crisis Line number: 1-844-891-0444.
- **Group Support:** The behavioral health team continues to offer virtual/online groups to address mental health issues and to ensure that our partners in sobriety can maintain their resolve to stay clean and sober. We are holding regular AA meetings also and hosting Zoom group meetings on a variety of topics. If interested in joining one of these groups, please feel free to call our Crisis Line number: 1-844-891-0444.



What are the most reliable resources to get updates?

Alaska DHSS COVID-19 website: <http://www.dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

CDC COVID-19 website: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Sincerely,

K. Baker

Kelley Baker, Health Services Division Director

