



# You are invited to Chugachmiut's Annual

## HEALTH FAIR!

Disease Prevention &  
Detection Education

July 7, 2017

10:00am to 5:00pm

DON'T MISS IT!

FREE FAMILY FUN!

Visit all booths for a  
chance to win several

DOOR PRIZES!!!

### Educational Booths-Tribal Council Building

- Tobacco Prevention and Control
- Oral Health
- Substance Abuse and Addiction
- Social Services
- Obesity Prevention: Living a Healthy Lifestyle
- Save-A-Life CPR Training
- Disaster Planning
- Consumer Direct Care Specialists
- Healthy Homes
- Cancer prevention and detection
- Physical Activity/Nutrition
- Rainbow Nutrition for Kids
- Purchased and Referred Care

### Community Presentations

**12:30 to 1:30** Traditional Foods Initiatives Focusing on Food Insecurity & Sovereignty– Dr. Gary Ferguson

**2:00pm to 2:15pm** Social Services– Donna Malchoff

**2:30 pm to 3:30 pm** Benefits of Alternative

Resource Education– Virtual Presentation by SCF

### Service Program Support

**9:00am to 12:00pm** Head Start Physicals

**10:00am to 12:00pm & 1:30pm to 5:00pm**  
Foot Care Assessments

**4:00pm to 5:00pm** 1:1 Tobacco Quit Support

**1:00pm to 5:00pm** Immunizations

### Other Activities

**7/6/17** Aroma Touch 5:00pm to 9:00pm and 7/7/17 1:00pm to 5:00pm (clinic)

**7/6/17** CPR/First Aid Certification Class 1:00pm to 6:00pm (dental clinic)

**7/7/17** Traditional Foods COOK-OFF dishes due at 11:00am– (Tribal Council Building)

**7/7/17** Pedometer Million Step Challenge Walk 3:00pm (clinic)



# Port Graham Community Health Fair



## Friday, July 7th

10:00am—5:00pm with Educational Booths and  
Community Presentations at the Tribal Council Building and  
the Clinic

Educational Booths include Tobacco Prevention, Disaster Planning, Kids Nutrition, CPR  
training and more!

Community presentations include Traditional Foods Initiatives, Foot Care Assessments and  
one on one Tobacco Quit Support and more!

**There will be a Traditional Foods Cook-off, Potluck lunch and Prizes!**

Check our website [Chugachmiut.org](http://Chugachmiut.org) or our Facebook page [ChugachmiutALLUTIIQ](https://www.facebook.com/ChugachmiutALLUTIIQ) for full list of events and more information